



Eyebrow Micropigmentation Post Procedure Care

General

Micropigmentation (also called Cosmetic Tattooing or Permanent Makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively as every person’s skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 8 weeks after your initial application to fine tune and ensure the best result.

Eyebrows

- For the first 24-48 hours, you must blot any “lymph” (the clear fluid that comes up with a cut, more accurately called blood plasma).
- Peeling and flaking is more common with shading (Powder Ombre Brows). Everyone’s body responds differently in the healing process. Some may peel more than others and some not at all. Generally more mature skin and oily skin with larger pores are more likely to produce more blood plasma leading to more peeling. In order to reduce build up of fluid, you must repeatedly blot any fluid that your skin produces for the 24-48 hours. Apply multiple cold compresses with light pressure throughout the first 24-48 hours. You can use a frozen bag of peas or ice pack (make sure to not leave too long on the skin if using an ice pack) with a sterile barrier (gauze or clean tissue) between your skin and the ice pack.
- Cleanse your brows 2-3 times a day with a gentle soap like a Dove.
- Place your Microtonic packet in the fridge to keep it cool. Dispense a small amount on a cotton round to pat on your brows after washing. The bee propolis in the Microtonic calms and soothes the skin.
- After cleansing and soothing, split a pea size amount of the antimicrobial (in the gold packet) between each brow. Just enough to make a thin barrier. You do not want to have a thick coat of product on your brows as this will increase fluid build up.
- If you have a bee allergy, you will receive a packet of After Inked (Grape Seed Oil) instead of the Microtonic. AfterInked will also be applied by splitting a pea sized amount between the brows but it will be applied after your antimicrobial.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Avoid sweating such as from vigorous exercise for 1 week post-procedure.
- For at least one week post-procedure or until healing is complete (whichever is longer):
 - Keep your hands clean and avoid touching the affected area(s).
 - Do not scrub or pick treated areas.
 - Do not use peroxide or Neosporin on treated areas.
 - Do not expose area to direct sun or to tanning beds.

Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.

- Avoid applying Retin-A, glycolic acids, exfoliants and anti-aging products **at all times** (not just during healing) directly on the micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.
- Do not resume any method of eyebrow hair removal or coloration for at least two weeks.
- Avoid eyebrow tinting within 48 hours before or two weeks after the procedure.

Though very rare, infection or allergic reaction is possible. If you note persistent and severe redness or swelling, fever, drainage, or significant oozing, contact your doctor immediately and inform your artist.

What will make your eyebrows fade?

- Lighter pigment - blondes fade faster than brunettes
- Oily skin - hair strokes will both fade and blur over time
- Frequent exercise - the salt in sweat will purge the pigment from the skin
- Sun exposure - the sun bleaches everything
- History of Thyroid disease
- Certain medications
- Anti-aging skincare products
- Acne medications and cream
- Youth –the younger/healthier you are, the faster your cells turn over

Eyebrow Micropigmentation Guide: Typical Time Between Touchups

Typical time between touchups:	4-18 months	12-24 months	18-36 months
Hand Tool Microblading	x		
Nano Hairstrokes (with or without shading)		X	
Shaded Powder Ombre Brows			X

Eyebrow Micropigmentation Healing schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from micropigmentation include but are not limited to: mild redness, mild swelling, puffiness, small area bruising, dry patches and tenderness.

You should expect to lose approximately 70% or more of the initial color during the healing process with your first session. It will appear much softer when completely healed. In approximately six days it may appear too light. After about 10 days, the color should begin to darken again but your final outcome will be in 2 months as your skin cells continue to turn over. Your pigment color will be a warmer undertone initially and will neutralize over the 2 months of healing. The skin is a living canvas and pigment may take in some areas and not in others after your first session. This is why we always have 2 sessions. At your second session, we will evaluate your retention and color and can make any needed adjustments. Micropigmentation needs to be slowly layered in. Remember that more pigment can always be added but it is hard to lighten when the skin is saturated with too much pigment. If you have very light brow hair requiring a lighter pigment or very sparse brow hair, a 3rd touch-up session is usually required.

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Understanding Tattoo Healing

Day	Effect
1	The eyebrows are approximately 20-25% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.
2	Conditions remain the same.
3	Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.
4	The skin begins to flake, peeling from the outside edges first.
5	Color finishes flaking off and appears softer and grayer for a few days until color clarifies.
6	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
10	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.



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