

Lip Micropigmentation Post Procedure Care

General

Micropigmentation (also called Cosmetic Tattooing or Permanent Makeup) procedures are affected by the "canvas" (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively as every person's skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 8 weeks after your initial application to fine tune and ensure the best result

Lips

- Apply ice for the first 2-24 hours to reduce swelling. Swelling is expected after lip micropigmentation.
- After the first 6 hours (all wounds need this period to close and for tissue repair to naturally initiate), gently apply Membrane Lip Balm. Continue daily use during healing. Continue to use daily for lip healing and anti-aging as well as to promote pigment longevity, and to support healthy lip tissue. Discontinue use if irritation occurs.
- Use Membrane MicroTonic to cleanse and soothe the area 1-2 times during the first 6 hours post procedure and then each morning and night (twice per day) for at least the next 72 hours.
- If you have a bee allergy, you will receive a packet of After Inked (Grape Seed Oil) instead of Membrane products as they contain bee propolis.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin. (see QR code for pictures
 of lip healing)
- Avoid sweating such as from vigorous exercise for 24 hours.
- For at least one week post-procedure or until healing is complete (whichever is longer):
 - Keep your hands clean and avoid touching the affected area(s).
 - Do not scrub or pick treated areas.
 - Do not use peroxide or Neosporin on treated areas.
 - Do not expose area to direct sun or to tanning beds.
 - Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid applying Retin-A, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) directly on any micropigmented areas. These products can cause pigments to fade and lighten prematurely.
- Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.
- Scars on the lips from fever blisters cause pigment removal. Antivirals must be taken 4 days before and 4 days after if you have a history of cold sores. See our Pre-Procedure Instructions for lips.

Lip Micropigmentation Healing Schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

You should expect to lose approximately 70% or more of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. When initially implanted, lip color will be will be much darker and vibrant with a warmer undertone. The color will cool as they heal and the color will soften a great deal. Expect to be 1-2 shades darker than your natural lip color when healed. Lip micropigmentation should be a soft wash of color to enhance your natural lips. In approximately six days it may appear too light. After about 10 days, the color will show more. Once healed, we can reassess at your touchup and make any needed adjustments.

Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.

Day **Effect** 1 Swelling, tender, heavy, thick lipstick look with reddish brick color. For the first few days, the color is darker than it will appear when healed. 2 Slight swelling, reddish, tender, with a slight metallic taste. 3 Less swelling, thicker texture, sore, hot feeling before exfoliation with an orange color. 4 Exfoliation begins, very chapped lips. The color will become lighter as the epidermis sloughs off. It will appear that you have lost all of your color, however, when your lips have healed completely, the dermal layer will gradually become darker. 5 Very chapped but almost finished with first chapping stage. 6 A soft, rich color begins to appear. Lip color disappears and the "frosty" 2nd chapping stage begins as a whitish gray haze on the lips. 13 14 Color blooms from within more and more each day until day 21 (3 weeks post procedure). 21 Healing complete. The color you see is the color that you have. Your lips will remain a bit dry for a month or two. Use a good lip balm and they will return to normal with full color.



Understanding Tattoo Healing

What will make your lip micropigmentation fade?

- Lighter pigment nudes and light pinks
- Oily skin hair strokes will both fade and blur over time
- Frequent exercise the salt in sweat will purge the pigment from the skin Sun exposure the sun bleaches everything
- History of Thyroid disease
- Certain medications
- Anti-aging skincare products
- Acne medications and cream
- Youth –the younger/healthier you are, the faster your cells turn over



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