

## LASH LIFT & TINT BEFORE & AFTERCARE

*A Lash Lift & Tint will last for the duration of the hair growth cycle, roughly 6-8 weeks, however retention can be affected by your activities immediately after the treatment. Please follow before and aftercare instructions for the best outcome.*

### **BEFORE YOUR LASH LIFT**

- Please arrive without contacts, concealer, eye makeup (mascara, eyeliner, eyeshadow etc.) on the day of your appointment.
- Avoid curling your natural lashes with a **lash** curler for 24 hours prior to your appointment.

### **FIRST 24-48 HOURS**

- Avoid getting water directly on your lashes as this may relax the lift.
- No steam from the sauna, hot tub, jacuzzi, or hot showers as these can also relax the lift.
- Try your best to sleep on your back for the first night or two as the lashes are still pliable and sleeping on them can change shape/direction.
- Nourish your lashes only with recommended aftercare products.

### **AFTER 48 HOURS**

- After the first 48 hours, you can go back to your normal daily routine.
- You can wear your usual makeup and mascara (mascara must NOT be waterproof).
- If you would like to apply lash extensions, you may do so after 48 hours.
- In addition to your recommended lash conditioner, you can resume use of hydrating oils (such as Castor Oil) and lash growth serums.



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