

The logo for Pure Skin, featuring the words "PURE" and "SKIN" stacked vertically inside a white square border, which is centered within a larger grey square background.

MANDELICLEAR PEEL BEFORE & AFTERCARE

BEFORE YOUR PEEL

- Discontinue any manual or chemical exfoliation 3-5 days prior to service.
- Discontinue all Retin-A and retinol products 3-5 days prior to service.
- Avoid direct sun exposure for 5-7 days prior to service.
- Schedule your Botox or filler after your service.
- No facial waxing 1-2 weeks **prior** to service.

AFTERCARE

- After 12 hours cleanse with the Vitamin Veil Cleanser, applying to fingertips and lightly cleanse in a circular motion over face and neck. **DO NOT USE A CLOTH.** Rinse with cool water and pat dry.
- Apply 2 drops of Vitamin C Reversal Serum, allow to dry.
- Apply Post Peel Balm to entire treated area at least 2 times per day.
- Avoid direct sunlight for the duration of the peel. Apply Light Day Sunscreen Broad Spectrum
- SPF-37. **SUN PROTECTION AT ALL TIMES IS VERY IMPORTANT.**
- Continue normal home regimen after peeling is completed. The use of retinols can resume 14 days after the peel.

PRECAUTIONS

- Follow the home skin care regimen recommended by your skin care professional. Following a home regimen is imperative to improve pigmentation and skin tone.

- Aerobic exercise, vigorous physical activity, any activity involving hot steam or excessive sweating should be avoided for the first 48 hours.
- Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply sunscreen with
- SPF of 30 or greater must be applied daily. Sunscreen (with at least a SPF of 15) should become a part of your daily skin care regimen as your skin will become more sensitive to the sun as a result of this treatment.
- Cleanse your face with water or a mild cleanser substitute or recommended product.
- Gently moisturize your face using recommended product a minimum of 2 times a day.
- Do NOT apply any type of glycolic acid or exfoliation products as this can severely damage or irritate the skin during the entire healing process.
- DO NOT peel, rub, or scratch your skin at anytime, whatsoever. This WILL cause damage and compromise your results as well as possibly cause severe scarring.
- If you experience painful areas of the face, contact your skin care therapist immediately, especially if you are prone to cold sores. Any blisters that form will need to be reported immediately.
- In the event that you may have additional questions or concerns regarding your treatment or suggested home product/post-treatment care, you must consult your therapist immediately.

HEALING SCHEDULE

Day 1

(Day of Service)
The skin may have inflammation (pink to red) and cannot come in contact with water.

Day 2

Skin typically looks stunning! Get ready for an extreme glow and go out on a date! Skin will feel tight and dry, a slight sunburn sensation.

Day 3

The skin will darken, and the tightness continues. The peeling process will begin, especially in expression areas.

Day 4

The peeling will extend to non-expression areas.

Day 6

The peeling will continue.

Day 7

Majority of the peeling is completed, the primary peeling will be small amounts of flaking

Day 8

Done with downtime! Come to BOHO for your after peel facial. This is a mini facial that helps remove any remaining peeling and super hydrates skin helping you feel back to your normal self.

Day 9-13

Change in your skin is still happening. You will have micro peeling in the shower, however no downtime at this time.

TREATMENT FREQUENCY

- Peel Facials are most effective as a treatment series of 3-6 sessions.
- Recommended frequency is as often as once every 2-3 months.



member
Associated Skin Care Professionals