

The logo for Pure Skin, featuring the words "PURE" and "SKIN" stacked vertically inside a white square border, which is centered within a larger grey square background.

## PEEL FACIAL BEFORE & AFTERCARE

### BEFORE YOUR PEEL

- Discontinue any manual or chemical exfoliation 3-5 days prior to service.
- Discontinue all Retin-A and retinol products 3-5 days prior to service.
- Avoid direct sun exposure for 5-7 days prior to service.
- Schedule your Botox or filler after your service.
- No facial waxing 1-2 weeks **prior** to service.

### AFTERCARE

- Follow the home skin care regimen recommended by your skin care professional. Following a home regimen is imperative to improve pigmentation and skin tone.
- Aerobic exercise or vigorous physical activity should be avoided for the first 48 hours.
- Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply sunscreen with
- SPF of 30 or greater must be applied daily. Sunscreen (with at least a SPF of 15) should become a part of your daily skin care regimen as your skin will become more sensitive to the sun as a result of this treatment.
- Cleanse your face with water or a mild cleanser substitute or recommended product.
- Gently moisturize your face using recommended product a minimum of 2 times a day.
- Do NOT apply any type of glycolic acid or exfoliation products as this can severely damage or irritate the skin during the entire healing process.

- DO NOT peel, rub, or scratch your skin at anytime, whatsoever. This WILL cause damage and compromise your results as well as possibly cause severe scarring.
- If you experience painful areas of the face, contact your skin care therapist immediately, especially if you are prone to cold sores. Any blisters that form will need to be reported immediately.
- In the event that you may have additional questions or concerns regarding your treatment or suggested home product/post-treatment care, you must consult your therapist immediately.

### **TREATMENT FREQUENCY**

- Peel Facials are most effective as a treatment series of 3-6 sessions.
- Recommended frequency is as often as once a month.



member  
Associated Skin Care Professionals