



## **Micropigmentation Pre-Procedure Information & Care**

All cosmetic tattooing (also called micropigmentation, permanent makeup and permanent cosmetics) procedures are performed by licensed, insured and AAM Gold Board Certified PMU artist, Brooke E Konecny of Pure Skin Permanent Cosmetics. Our goal is to ensure that you get great results! Let's make sure you are a good candidate...

### **CONTRAINDICATIONS:**

**You are NOT a candidate for micropigmentation if any of the following apply to you:**

- Pregnancy
- Nursing
- Diabetes Type 1 (may be considered with a release from your PCP)
- Lupus
- Hepatitis B/C
- AIDS
- Active Skin Disorders (Cold Sores, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn, Severe Acne, etc...)
- Active Vitiligo
- Severe Rosacea
- Blood Disorders (Sickle Cell, Hemophilia, etc...)
- Keloid Scar Formation
- Mental Disorder (individuals with a history of Body Dysmorphic Disorder, Skin Picking, Trichotillomania, and Anxiety Disorders will struggle with the process of permanent makeup)
- Accutane (must be off for 6 months)
- Steroids (must be off for 6 months)
- Thyroid Disorder (not a contraindication but the color of your brows can fade faster when taken with thyroid medications)

## **RESTRICTIONS:**

- **Retinol/Retin-A** must be discontinued 2 weeks prior to procedure (it will cause the skin to bleed).
- **Injections** (Botox, Radiesse, JuvaDerm, Voluma, etc.) must be done 2 weeks before or 2 weeks after procedure.
- **Chemical peels** and **laser treatments** may not be done within 60 days before or after procedure.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure.
- **Sunburned** or **Suntanned skin** is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- **You cannot expose the area to excessive sun** for 30 days before or after procedure.
- **Do not schedule this procedure within one week prior to a water vacation.**
- **Stay out of steam rooms, saunas, hot yoga, swimming pool, etc.** for one week following procedure.
- **Avoid working out or sweating for 1 week post procedure** (sweat will prevent pigment from healing into the skin).
- **Avoid alcohol and caffeine 1 day before procedure** to minimize any oozing, bleeding or swelling.
- **Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E** 3 days prior to procedure unless medically necessary.

## **ALL INITIAL MICROPIGMENTATION PROCEDURES ARE MULTI-SESSION PROCESSES.**

The initial application is incomplete until after a follow-up appointment, which should be scheduled approximately 8-10 weeks after your initial appointment.

## **WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER THAN EXPECTED FOR THE FINAL OUTCOME.**

This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any

procedure (a week for Powder Ombre Brows). Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Please be aware that in order to ensure we choose the right color pigment, we will need to remove any foundation or concealer you are wearing to see the true undertone of your skin. You may choose to bring your makeup to touchup after your procedure, although, not on the treatment area.

## **IN ORDER TO PROVIDE ALL OF OUR CLIENTS WITH GREAT SERVICE AND THE BEST EXPERIENCE, OUR POLICIES ARE AS FOLLOWS:**

### Client Only in the Procedure Room

Though a friend or family may accompany you to your appointment, we have learned it is best that they do not sit in on your procedure. It is important the artist is able to have their full focus on you, the client. Friends and family tend to be a distraction for both the client and artist.

### Children, Toddlers and Babies

Though we love children, toddlers and babies, we must kindly ask that you do not bring them with you to your appointment. Unfortunately, they are a distraction to the artist. Thank you for your understanding.

### Payment

A \$100 deposit is required to book your service and full payment is due at the on the day of your service. Deposits are **NON- REFUNDABLE**. The deposit will be credited to your total cost on the day of your service.

### Cancellation and Tardiness

Micropigmentation is a time-intensive service. In booking your appointment, we are reserving a designated amount of time specifically for you. Due to the nature of micropigmentation, it is often not possible to rebook a new client with short notice.

- Cancellation of Appointments Requiring Deposit

You may cancel your appointment for the ***first 24 hours after booking*** without any charge. Cancellations after the first 24 hours will result in loss of your deposit.

- Tardiness

Please plan to arrive at 14 Nason Street, Suite 203, Maynard, MA, 15 minutes prior to the start of your appointment. You will need to complete a consent and other paperwork on the day of. **Please send an email to [hello@pureskinpc.com](mailto:hello@pureskinpc.com) or text (781) 650-3430 if you are**

**running late.** Please also note that if I am in a procedure with another client, email or text response time may be delayed until the procedure is completed.

Everyone's time is valuable and to stay on schedule we may need to reschedule your appointment if you arrive *more than 15 minutes late*. If we need to reschedule, this will result in loss of your deposit and you will need to pay a new deposit to reserve a new appointment.

- **Rescheduling Appointments Requiring Deposit**

You may reschedule your appointment without forfeiting your deposit up to **72 business hours prior** to your scheduled appointment.

Appointments rescheduled less than 72 business hours in advance will result in loss of your deposit. You will need to pay a new deposit to reserve a new appointment.

**PARKING:**

- Metered parking on Nason Street is 25 cents per hour with a 2 hour limit.
- Non-metered parking located in Summer Street lot behind 14 Nason Street. No time limit.
- As initial micro pigmentation appointments are scheduled for 3 hours, please use non-metered parking.

**RIGHT TO REFUSE TREATMENT:**

Although it is *extremely* rare, we reserve the right to refuse treatment for the following reasons:

- Undisclosed skin condition (including sunburn/suntan)
- Under the influence of drugs or alcohol
- Any behavior which, in the opinion of the PMU artist, might compromise the artist's ability to work safely and comfortably toward the desired results.

**CURRENT PROCEDURE OFFERINGS:**

Brows

- Microblading, Nano Brows or Digital Hairstrokes- Individual hairstrokes are created with a cosmetic tattoo digital pen.
- Powder Ombre Brows (a soft shading effect similar to the look of your eyebrow pencil)
- Combo or Hybrid Brow (soft shading throughout the body of the brow and hair strokes at the front of the brow)

Natural Eyeliner

- Lash Line Enhancement or Baby Liner is a fine line of pigment deposited at the base of your lashes to give the illusion of thicker lashes.
- Baby Winged Liner is a petite winged liner to give the illusion of a wider eye.
- Smoky Baby Liner is a smudged smoky liner effect

#### Lips

- Lip Blushing

#### Scar Camouflage

- Small, Medium, Large Area

### **PRE-PROCEDURE INSTRUCTIONS:**

#### Eyebrows

- Avoid waxing, electrolysis, and coloring your brows for two weeks prior to the procedure. Discontinue the use of any retinol products 2 weeks prior to procedure.
- Please be aware that we will remove your foundation and concealer to determine your skin undertones.

#### Eyeliner

- **Do not wear contact lenses during or immediately following your eyeliner procedure.** Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-treated condition.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure. Latisse® produces an inflammatory reaction in the skin, which causes excessive pain and bleeding. If you use Latisse®, your eyeliner will not take properly.
- **Do not use other growth stimulants** such as RapidLash®, or RevitaLash® for at least one week prior to or one week after your eyeliner procedure.
- **Lash extensions must be removed completely before your eyeliner procedure.** If you have lash extensions, we will not be able to do your eyeliner. Lash extensions pose a danger to your eyes during the micropigmentation procedure. Extensions may be reapplied 2 weeks after your eyeliner service.

#### Lips

- If you have any history of cold sores, fever blisters, or herpes simplex, you **must** contact your physician to obtain and take the proper

prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician's instructions.

### Scar Camouflage

- Refrain from engaging in sauna sessions and tanning.

**Micropigmentation is a process. Two or three sessions may be required to achieve the desired results. It is not uncommon to lose up to 70% or more of the color after the first session.**

Also, please be aware that having micropigmentation while on your menstrual cycle can make you hyper-sensitive at the procedure site.

You will be given detailed after-care instructions prior to your procedure.

Please text or email us with any other questions you may have. We look forward to seeing you soon!

### **Contact Information:**

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