

The logo for PURE SKIN, featuring the words "PURE" and "SKIN" stacked vertically in a serif font, enclosed within a thin white square border, which is itself centered within a larger grey square background.

## SWiCH RESURFACING FACIAL BEFORE & AFTERCARE

*The Circadia SWiCH™ Dermal Rejuvenation System is a unique alternative to chemical peels that redefines how we treat age-damaged skin. SWiCH™ takes advantage of the skin's natural repair mechanism to help restore the skin's optimum appearance without injury to the skin. Reverse the signs of aging today and SWiCH™ on your skin's ability to repair itself from the inside out.*

### **BEFORE YOUR FACIAL**

- Discontinue any manual or chemical exfoliation 3-5 days prior to service.
- Discontinue all Retin-A or retinol products 14 days prior to service.
- Avoid direct sun exposure for 5-7 days prior to service.
- Schedule your Botox or filler after your service.
- No facial waxing 1-2 weeks prior to service.

### **AFTERCARE**

As part of your home care kit, you will receive Fraction V (a soothing peptide rich emollient) and Vitamin Veil Cleanser (unique soybean oil-based, non-foaming cleanser that gently removes impurities while leaving behind a veil of antioxidants). You will use your home care kit for three days after your service.

### **DAY ONE**

- You may apply eye make-up and lipstick immediately after your service, however, do not apply makeup to the rest of your face.
- Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure or tanning beds) as you will not be wearing sunscreen.

- On the evening of your service, do not wash face with the Vitamin Veil Cleanser. Instead, gently splash face with water, then apply Fraction V.
- Avoid using a washcloth as they often harbor bacteria, instead just use your clean fingers to cleanse your face and pat dry with a paper towel.
- Do not use manual exfoliation products such as facial scrubs at any time.
- Some redness may result from your service but will subside in a few hours. Most clients experience little or no peeling.

### DAY TWO

- In the morning, again do not wash face with the Vitamin Veil Cleanser. Instead, gently splash face with water, then apply Fraction V.
- You can apply full face makeup if desired.
- At midday, apply Fraction V again.
- Continue to avoid direct sun exposure.
- In the evening, cleanse with Vitamin Veil and apply Fraction V.

### DAY THREE

- In the morning, wash face with the Vitamin Veil Cleanser and then apply Fraction V.
- At midday, apply Fraction V again.
- Continue to avoid direct sun exposure.
- In the evening, cleanse with Vitamin Veil and apply Fraction V.
- After day three, an oil free SPF 30+ **must** be applied daily to the treated area for a minimum of two weeks.

### **TREATMENT FREQUENCY**

- The Radiant Resurfacing Facial is most effective when performed every 4 weeks in a series of 3-6 sessions.
- Every 2 weeks after your Radiant Resurfacing Facial, you should have a Raspberry Enzyme Facial to polish and prepare your skin for your next resurfacing service.
- Treatments can be repeated at monthly intervals for 6-12 months for maximum cumulative effect.



member  
Associated Skin Care Professionals